



FOR IMMEDIATE RELEASE

June 19, 2018

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The James Henry Ransom Foundation Presents a Community Night Out on June 28

Speakers will share valuable information about local mental health and wellness resources for adolescent and their families.

Ladera Ranch, CA - The James Henry Ransom Foundation will host a Community Night Out on June 28, 6:30-8:30 p.m. at Oak Knoll Clubhouse in Ladera Ranch. The evening will include discussions and resource sharing related to the mental health of adolescents, issues that affect our neighborhoods, and encouraging positive experiences in our community.

Two speakers - Ryan Roemer, Psy.D. and Kristen Murray, CSW. - will led our discussions. A Licensed Clinical Psychologist, Dr. Roemer specializes in Pediatric and Adolescent Psychology and oversees Mission Hospital's ASPIRE Adolescent Program and Psychiatric Emergency Triage Services. Kristen Murray is a Licensed Clinical Social Worker whose expertise includes treating youth, adolescents, families, and women with emotional distress, trauma, relationship struggles, family adjustments, and grief. Murray serves patients through a private practice in Mission Viejo.

Members of the James Henry Ransom Foundation will share observations from attending conferences throughout California on the status of mental health resources for our youth, and describe the foundation's short and long-term plans.

The James Henry Ransom Foundation was formed to honor the life of James Ransom, a 13-year old resident of Ladera Ranch, who lost his battle with mental illness in November 2016. The Foundation was established by his family and friends with the hope of bringing about change in how we approach adolescent mental and behavioral health. Its mission is to raise funds and awareness to support programs, organizations, research, facilities and families in dealing with issues related to adolescent mental and behavioral health.

To register for the Community Night Out and learn more about vital work of the James Henry Ransom Foundation visit www.jameshenryransomfoundation.org.

-James Henry Ransom Foundation-

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